



# SPA TREATMENTS



## MUTIARA LAUT SIGNATURE BALINESE <sup>①</sup>

Experience a timeless Balinese healing ritual that combines long flowing strokes, gentle stretches, acupressure, and aromatic essential oils. This traditional massage works to restore energy flow, promote deep relaxation, and bring harmony to body and mind.

60min \_\_\_\_\_ IDR 1.100.000      90min \_\_\_\_\_ IDR 1.600.000

## MUTIARA LAUT SIGNATURE SWEDISH <sup>②</sup>

A deeply relaxing massage using smooth, gliding techniques to ease muscular tension and enhance circulation. Ideal for unwinding after a day at sea, this treatment promotes full-body relaxation and supports overall well-being.

60min \_\_\_\_\_ IDR 1.100.000      90min \_\_\_\_\_ IDR 1.600.000

Notes: max 4 session per day

## REFLEXOLOGY <sup>③</sup>

A specialized foot therapy that stimulates pressure points connected to various parts of the body. Perfect after a dive or a day of exploration, this technique helps improve energy flow, relieve fatigue and restore balance from the ground up

30min \_\_\_\_\_ IDR 550.000

60min \_\_\_\_\_ IDR 700.000

90min \_\_\_\_\_ IDR 800.000

## DRY MASSAGE <sup>④</sup>

An invigorating massage performed over clothing, using a blend of pressure and stretching techniques. Perfect for guests who prefer a non-oil treatment, it promotes flexibility relieves, stiffness and leaves you feeling fully recharged.

30min \_\_\_\_\_ IDR 700.000

60min \_\_\_\_\_ IDR 1.000.000

Notes: max 4 session per day

## DEEP TISSUE <sup>⑤</sup>

Designed to target deeper layers of muscle, this intensive massage uses firm pressure and slow deliberate strokes. Ideal for releasing chronic tension, it supports muscle recovery and helps alleviate stiffness and soreness from active days.

60min \_\_\_\_\_ IDR 1.300.000      90min \_\_\_\_\_ IDR 1.800.000

## HEAD, NECK AND SHOULDERS MASSAGE <sup>⑥</sup>

A concentrated treatment that relieves stress and tension from the upper body. Using rhythmic kneading and pressure-point techniques, it provides quick relief from built-up strain, leaving you refreshed and mentally clear.

30min \_\_\_\_\_ IDR 700.000      60min \_\_\_\_\_ IDR 900.000      90min \_\_\_\_\_ IDR 1.100.000



## HOURS OF OPERATION

Our massage service is available daily from **9:00 AM to 9:00 PM**, or by appointment at your convenience.

## RESERVATIONS

To reserve your treatment, simply speak with a member of our crew, they'll be happy to assist you. While we welcome spontaneous moments, we do recommend booking at least 1 day in advance to ensure your preferred time and treatment are available.

Appointments are available to all guests aged 18 and above. Walk-ins may be accommodated based on availability.

Your wellness journey begins the moment you book, let us help you make it effortless.

## SPA ETIQUETTE

Aboard **Mutiara Laut**, wellness is more than a service, it's a moment of pause, designed to restore both body and mind. To preserve this space of calm, we kindly ask you to speak softly and disconnect from mobile phones or cameras during your treatment.

We recommend arriving 10 minutes early to ease into your session. Our wellness team will guide you through your experience and offer thoughtful recommendations based on your needs.

Robes and disposable garments will be provided for your comfort. For peace of mind, we encourage storing jewelry and valuables securely in your cabin.



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